

Planning your own disaster supplies kit



VOAD

VOLUNTARY ORGANIZATIONS
ACTIVE IN DISASTER
SANTA BARBARA COUNTY

1. How many people are in your family? _____
2. Water: You need a 5-day supply. Each person needs 1 gallon per day. How many gallons will your family need?

(Please circle the one that fits your family)

1 person x 5 = **5** gallons

6 people x 5 gallons = **30** gallons

2 people x 5 = **10** gallons

7 people x 5 gallons = **35** gallons

3 people x 5 = **15** gallons

8 people x 5 gallons = **40** gallons

4 people x 5 = **20** gallons

9 people x 5 gallons = **45** gallons

5 people x 5 = **25** gallons

10 people x 5 gallons = **50** gallons

3. Food: You need a 5-day supply of non-perishable or canned food. List some foods that you might put in your disaster supplies kit

4. Medicine and supplies that you rely on for your first aid kit:

5. How will you find out the news like weather updates and official instructions?

6. If the power goes out, what will you use to see in the dark? Where is it located in your house?

7. What will you need to open cans of food?
